



Prevent injury with ProSix.

ProSix builds **strength** through isometric and concentric exercise with the gentle resistance of the elastic framing the whole body.

ProSix connects the whole horse, stimulating **proprioception**, sometimes referred to as the sixth sense, creating whole body awareness and extending to all four limbs.

The ProSix surrounds with gentle deep touch pressure which can relieve stress and anxiety.

ProSix encourages correct posture with strategically placed support; improving **balance**, straightness, and rhythm, with more even weight distribution between all four legs.

Use your ProSix:

- Proactively for creating balance, alignment, rhythm, strength, straightness, and calmness.
- To enhance length of stride, and engage hindquarters.
- To train in proper alignment and correct posture.
- To improve balanced, equal weight distribution between all four limbs.
- To build core strength, strong abdominal muscles, and create a strong, soft, supple back.
- As a diagnostic tool. ProSix highlights areas of injury by discouraging compensation.